

# refresh\*

RESTAURANT CAFE

## BEVERAGES MENU

### HOT

#### COFFEES

	REG	GRANDE
CAPPUCCINO <small>Add R3 for decaf</small>	R19	R24
FLAT WHITE	R20	R25
LATTE	R21	
AMERICANO	R17	R19
SINGLE EXPRESSO	R15	
DOUBLE EXPRESSO	R20	
CORTADO	R19	

#### TEAS

FIVE ROSES		R14
ROOIBOS		R14
EARL GREY		R16
GREEN TEA		R16

#### GOURMET LATTES

HAZELNUT / WHITE CHOCOLATE / RED / CHAI	R25
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#### HOT FLU FIGHTERS

HONEY, LEMON & GINGER <small>in hot water</small>	R15
APPLE, LEMON & GINGER <small>in hot water</small>	R15

#### DECADENT HOT DRINKS

RED CAPPUCCINO	R26
WHITE HOT CHOCOLATE	R25
MILO	R25
CHAI	R27
HOT CHOCOLATE	R25
MOCHACHINO	R27
HAZELNUT	R27
ALMOND MILK	R8





# COLD



## COFFEE FREEZOS

	350ml	500ml
FREEZOCHINO / MOCHACHINO / HAZELNUT	R30	R34

## CRUSHES WITH ICE

	350ml	500ml
APPLE / APPLE MINT / BERRY MINT / BERRY / MANGO & BANANA / MELON MINT / TROPICAL / BERRY & MANGO / PINEAPPLE / MELON & APPLE / PINEAPPLE & ORANGE / APPLE & GINGER / LEMON, ORANGE, MINT & HONEY / BEETROOT & APPLE / CARROT & PINEAPPLE	R23	R27

## MILKSHAKES

Blended with ice cream.

CHOCOLATE / BANANA / STRAWBERRY / LIME / VANILLA / COFFEE / FRUIT SHAKE / MILO	R27
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\* Double thick

R5 extra

## SMOOTHIES

Blended with low fat plain yoghurt.

	350ml	500ml
BERRY BLITZ	R29	R35
TROPICAL		
MUESLI, BANANA & MELON		
BANANA & GRANOLA		
COCONUT, MANGO & BANANA		
MANGO & BANANA		
MILO & BANANA		
PEANUT BUTTER, BANANA & HONEY		
CHAI, BANANA & HONEY		

\* Add whey protein

R13 /scoop

## FRESHLY SQUEEZED

	350ml	500ml
APPLE	R28	R35
APPLE & GINGER		
CARROT & PINEAPPLE		
CARROT & BEETROOT		
CARROT, CELERY, APPLE, MINT & CUCUMBER		

## FRUIT JUICES

	350ml	500ml
ORANGE / MANGO / STRAWBERRY	R25	R35

## COLD DRINKS

ASSORTED 330ML CANS	R17
ASSORTED 200ML CANS	R15
APPLETIZER / GRAPETIZER	R23
STILL / SPARKLING WATER	R15
ICED TEA - LEMON / PEACH	R20
CORDIALS - PASSION FRUIT / LIME / COLA TONIC	R8

## ALCOHOLIC DRINKS

WINE BY THE GLASS	R24
DRY WHITE / SEMI SWEET / ROSE / RED	
BEER	R24
AMSTEL / HANSA / BLACK LABEL / CASTLE LITE / MILLER	
CIDER	R24
HUNTER'S DRY, SAVANNA DRY	